

THREE RIVERS THERAPY PEER HUB

FEBRUARY CALENDAR

We would like to inform you that our Auburn Peer Hub location has closed, and the last day of operation at this site was November 15th. However, we are pleased to continue supporting you at our other Peer Hub, located at 10505 W. Clearwater, Building C, on our main campus.

The hours of operation for this location are Monday - Friday: 9:00 AM - 4:00 PM.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 ORIGAMI & PAPER FOLDING 11:00AM-12:00PM	5	6 “DON’T BE A BUT-HEAD” 11:00AM-12:00PM	7 INTRODUCTION TO WRAP 11:00AM-12:00PM
10 INTERVIEW SKILLS 2:00PM-3:00PM	11	12 RESUME BUILDING 2:00PM-3:00PM	13	14 INTRODUCTION TO WRAP 2:00PM-3:00PM
17	18 CONFLICT RESOLUTION 11:00AM-12:00PM	19	20 ASSERTIVE VS. AGGRESSIVE COMMUNICATION 11:00AM-12:00PM	21 INTRODUCTION TO WRAP 11:00AM-12:00PM
24	25 RESUME BUILDING 2:00PM-3:00PM	26	27 INTERVIEW SKILLS 2:00PM-3:00PM	28 INTRODUCTION TO WRAP 2:00PM-3:00PM

Our Peer Hub works to remove the barriers or limitations that individuals often experience due to mental health distress or disorders. Our calendar of workshops is open to any of our members or Three Rivers Therapy clients. If you have questions, please call **509-378-5553**.

To stay connected with us and see the additional things going on at Three Rivers Therapy and in our Peer Hubs follow us on Facebook! We look forward to seeing you this month!